◄ Jul 2019

# August Lunch Menu 2019

Sep 2019 ►

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|---|---|---|---|---|
| | | | | **1**<br>Chicken Quesadilla<br>**Tortilla Chips (9-12)**<br>**Black Bean & Corn Salsa (9-12)**<br>Refried Beans<br>Fresh Cantaloupe<br>Fruit Choice - Canned<br>Milk Choice | **2**<br>NO SCHOOL | **3** |
| **4** | **5**<br>Hamburger on a Bun<br>Dark Green Leaf Lettuce<br>Tomato Slice<br>Oven Fries<br>Strawberries & Bananas<br>Fruit Choice - Fresh<br>Milk Choice | **6**<br>Macaroni & Cheese<br>Meatballs<br>Whole Wheat Roll<br>Seasoned Peas<br>Baby Carrots<br>Apple Salad<br>Fruit Choice –Canned<br>Milk Choice | **7**<br>Chicken Nuggets<br>Whole Wheat Roll & Jelly<br>Mashed Potatoes & Gravy<br>Tossed Salad<br>Fresh Pear<br>Fruit Choice - Canned<br>Milk Choice | **8**<br>Baked Ham<br>Angel Biscuit & Jelly<br>Apple Glazed Sweet Potatoes<br>Green Beans<br>Fresh Grapes<br>**Honey Apple Crisp (9-12)**<br>Fruit Choice - Canned<br>Milk Choice | **9**<br>NO SCHOOL | **10** |
| **11** | **12**<br>Pork Rib on a Bun<br>Dark Green Leaf Lettuce & Tomato Slic<br>Sweet Potato Puffs<br>Fresh Apple<br>Fruit Choice - Canned<br>Milk Choice | **13**<br>Taco Soup<br>Tortilla Chips<br>& Tomato Salsa<br>Broccoli Florets<br>Fresh Strawberries<br>Fruit Choice - Canned<br>Milk Choice | **14**<br>Corn Dog<br>Green Beans<br>Tater Tots<br>Fruit Cocktail<br>Snickerdoodle<br>Fruit Choice - Fresh<br>Milk Choice | **15**<br>Cheese Pizza<br>Broccoli Florets<br>Fresh Baby Carrots<br>Fresh Citrus Fruit Cup<br>Fruit Choice - Canned<br>Milk Choice | **16**<br>NO SCHOOL | **17** |
| **18** | **19**<br>Mini Meatball Sub<br>Ranch Potato Wedges<br>Tossed Salad<br>Fresh Peach<br>Fruit Choice - Canned<br>Milk Choice | **20**<br>BBQ Chicken Drumstick<br>Whole Wheat Roll & Jelly<br>Baked Beans<br>Creamy Cole Slaw<br>Apricot Halves<br>Fruit Choice - Fresh<br>Milk Choice | **21**<br>Grilled Cheese Sand<br>Cherry Tomatoes<br>Cucumber Slices<br>Fresh Banana<br>Fruit Choice - Canned<br>Milk Choice | **22**<br>Spaghetti w/ Meat Sauce<br>Garlic Bread<br>Garden Salad<br>Green Beans<br>Mandarin Oranges<br>Fruit Choice - Canned Milk Choice | **23**<br>Taco Salad<br>Tortilla Chips & Tomato Salsa<br>Refried Beans<br>Fresh Watermelon<br>**Cinnamon Puff (6-12)**<br>Fruit Choice - Canned Milk Choice | **24** |
| **25** | **26** | **27** | **28** | **29** | **30** | **31** |

This institution is an equal opportunity provider