

October Lunch Menu 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 NO SCHOOL	2
3	4 Beef & Bean Burrito Romaine & Tomato Mexican Corn Salsa & Whole Grain Corn Tortilla Chips (9-12) Apple Wedges Fruit Choice Milk Choice	5 Country Style Beef Pattie Mashed Potatoes & Gravy Steamed Broccoli Wheat Roll & Jelly (6-12) Banana Fruit Choice Milk Choice	6 BBQ Beef on a Bun Sweet Potato Puffs Baked Beans Orange Smiles Oatmeal Cookie (9-12) Fruit Choice Milk Choice	7 Turkey & Cheese Sub Romaine Lettuce & Tomato Oven Fries Sliced Peaches Graham Snacks (9-12) Fruit Choice Milk Choice	8 NO SCHOOL	9
10	11 Taco Soup Whole Grain Corn Tortilla Chips Fresh Broccoli Sliced Pears Snickerdoodle Fruit Choice Milk Choice	12 Whole Grain Corn Dog Garden Spinach Salad Seasoned Peas Apple Wedges Fruit Choice Milk Choice	13 Beef & Noodles Mashed Potatoes Fresh Baby Carrots Blueberry Oat Muffin (6-12) Pineapple Tidbits Fruit Choice Milk Choice	14 Chicken Quesadilla Salsa & Whole Grain Corn Tortilla Chips Refried Beans Orange Wedges Fruit Choice Milk Choice	15 NO SCHOOL	16
17	18 Chicken Tetraxini Tossed Salad w/ Romaine Steamed Carrots Whole Grain Breadstick Fresh Strawberries Fruit Choice Milk Choice	19 Pork Rib on a Bun Romaine & Tomato Tri-Tater Green Beans Fresh Kiwi Cherry Crisp (6-12) Fruit Choice Milk Choice	20 Lasagna Garden Spinach Salad Whole Grain French Garlic Bread Apple Wedges Fruit Choice Milk Choice	21 Baked Chicken Drumstick Savory Rice Fresh Broccoli Corn Oatmeal Roll Slice Peaches Fruit Choice Milk Choice	22 NO SCHOOL	23
24	25 Pig in a Blanket Potato Wedges Broccoli w/Cheese Fresh Apple Gelatin w/ Juice Fruit Choice Milk Choice	26 Chicken Wrap Romaine & Tomato Mix Spanish Rice (6-12) Steamed Carrots Tropical Fruit Fruit Choice Milk Choice	27 Spaghetti w/ Meat Sauce Garden Spinach Salad Seasoned Peas (9-12) French Garlic Bread (9-12) Fresh Grapes Fruit Choice Milk Choice	28 Taco Salad Whole Grain Corn Tortilla Chips & Salsa Refried Beans Cinnamon Puff Pineapple Tidbits Fruit Choice Milk Choice	29 NO SCHOOL	30
31						

This institution is an equal opportunity provider.